



PERFORMING  
ARTS SCHOOL  
of NIGERIA

# Class and Activity Catalogue



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“

Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, Who am I to be brilliant, gorgeous, talented, fabulous? Actually, who are you not to be?

”

PAS Nigeria Creative Center works to provide an exceptional arts experience that cannot be matched in the academic school environment.

## Our curriculum

is fused of globally sourced and locally generated content, creating the most optimized learning experience for our students.

We have created a **fun, yet challenging learning environment** that enables students to **accelerate their passions for the arts**.

For group classes, we offer rolling admission up until 3 weeks before the term ends. Each term ends with a recital performance show. Classes are typically one-hour long. Class activities are designed for each age group and skill level. Classes are open to students with no experience or previous exposure, as well as to those with years of experience looking to sharpen their skills.

## Our team of instructors

Instructors have been carefully selected based on their professional experience in the arts, their reputations for excellence and their passion for teaching.

Classes are offered as private, one-on-one classes or schedule group classes.

Group classes are offered in the following groups:

- + Regionals- ages 3-5
- + Nationals- ages 6-9
- + Internationals- ages 10-13
- + Adults- teenagers and adults

Class placement may also vary by skill level.



# Our Classes

(Beginning September 2018)

Music	Dance	Drama
+ Sing and Jam Along	+ Ballet	+ Drama/Acting
+ Music & Instruments	+ Ballet and Contemporary Dance	Theatre Production and Design
+ Voice	+ Hip-hop and Afro Dance Fusion	
+ Strings	Special Dance Series	
+ Piano		
+ Percussion		
+ Woodwinds		
+ Voice		
+ Jazz Band		
+ Orchestra		
Mixed Chorus		

Visual Arts	Martial Arts	Special Enrichment Programs	Other Activities
+ Creative Workshop	+ Karate	+ Learn X	+ Culinary Crafts
+ Graphic Design	+ Tae Kwon Do	+ Lego Robotics	+ Outdoor Fun & Sports
+ Drawing & Painting		+ STEM	+ Board Games & Puzzles
Photography		+ Reading Club	+ Free Play
			Free Practice



# MUSIC



## Sing & Jam Along (Regionals)

Age appropriate singing and instrumentals class for ages 3-5. In this class, kids will sing classic, age-appropriate songs while playing exploratory flutes, clarinets, and saxophones. They will also be introduced to the ukulele, violin, keyboard, recorders, triangles, and the drums. The primary goal here is to have fun while learning exploring various sounds, instruments and movements!

## Orchestra (Internationals, Adults)

Advanced woodwinds, brass, percussion, and string players who have chosen an instrument of focus. Repertoire is chosen according to level of ability. Sessions also include ear training, solfege singing, note reading, composing, and solo and ensemble playing. The band participates in each of our musicals and may represent PAS Nigeria at outside performances and competitions.

## Music and Instruments (Nationals, Internationals)

Beginner friendly class which includes music reading, vocal training, and playing various musical instruments. Students will learn basics of reading music, understand beats and rhythm, as well as have fun! This class will work on proper vocal technique and breath support while building confident expression through sound. The class will provide level-appropriate training on the keyboard, violin, guitar, and drums.

## Jazz Band (Internationals, Adults)

Advanced woodwind, brass, percussion, guitar, bass, and piano players who have chosen an instrument of focus. Repertoire is chosen from standard jazz band literature according to level of ability. The band participates in each of our musicals and may represent PAS Nigeria at outside performances and competitions.

## Mixed Chorus (Nationals, Internationals, Adults)

Enjoy the power of singing in a choir. This class is for those who wish to practice vocal skills in a group setting and understand choral repertoire for mixed voices. Outcomes include the ability to read music, learn vocalizing techniques including a focus on breath control, posture, and vowel functions. The chorus participates in each of our musicals and may represent PAS Nigeria at outside performances and competitions.



# MUSIC

## Piano (All)

Beginning – This course ranges from beginners to advanced skill level. Beginning concepts include basic music theory, chord construction, rhythmic and harmonic knowledge. Intermediates further develop reading and playing skills at the keyboard with a focus on expanding a student's repertoire, developing accompanying skills, and performing piano duets and keyboard harmonies. Advanced players build skill in reading, theory, and performance practices needed for the advanced piano literature will be studied.

## Percussions (drums) (All)

Gain a solid foundation in drum set performance and musicianship with drum set fundamentals. The course explores five main topics: musicianship, hand-to-hand technique, snare drum reading, drum set coordination, and repertoire development, with each week becoming increasingly more challenging.

## Strings (violin, acoustic guitar, electric guitar, cello, ukulele) (Nationals, Internationals, Adults)

Development of position technique, good playing posture, and tone production is emphasized.

## Woodwind (saxophone, clarinet, flute, recorder) (Nationals, Internationals, Adults)

Emphasis is placed on building solid foundations- breathing, embouchure, articulation to develop tone, technique and musicality as well as standard repertoire. Improvisation skill is developed for advanced levels.

## Voice (Nationals, Internationals, Adults)

Voice classes build technique, repertoire and musicianship through vocal technique and repertoire.



# DANCE

## **Ballet (Regionals, Nationals, Internationals)**

Emphasis will be placed on ballet terminology and their appropriate movements. Each class consists of warm ups, barre exercises, floor work, and routines. Students will learn the poise and elegance associated with this form of dancing.

## **Ballet and Contemporary Dance (Nationals, Internationals, Adults)**

Build both ballet and modern dance skills and techniques. Emphasis will be placed on special dance terminology and their appropriate movements. Students will learn the poise and elegance associated with this form of dancing. Classes will begin with stretches and warm-ups, then barre exercises followed by across the floor movements. Students will work on barre exercises as it relates to developing skills. Students will also get to explore their own creative movements and begin to learn and create choreographed dances.

## **Hip-Hop and Afro Dance Fusion (Nationals, Internationals, Adults)**

This class is a combination of urban dance style and Nigerian funky dance moves. Using the latest Nigerian dance songs, this class is high energy from start to finish, creating explosive moments on the dance floor.

## **Special Dance Series (Adults)**

Every class is different! This class is a high-energy dance class for those who just want to have fun dancing and/or burn calories. Each class will cover a different style of dance ranging from cultural Nigerian dances, to Latin dance, to hip-hop, lyrical dance, even burlesque.

# DRAMA



## Drama/Acting (Nationals, Internationals, Adults)

This class will allow students to break out of their shells and express themselves in exciting ways. Sing, dance, and act while also learning about significant plays, act full scenes, and build a repertoire of musical theater knowledge. Improvisation, small scenes, and monologues will be explored through imagination, role play, storytelling, movement and song. This class is the perfect way for students to have fun and explore theatre!

## Theatre Production and Design (Nationals, Internationals, Adults)

This class allows students to visualize and execute the design and production elements of the theater. Students work to piece together various aspects of stagecraft including stage design, lights, sound, costumes, backdrops, props and more for our frequent shows and recitals. Students not only learn all the inner workings of what it takes to put together productions but also put together actual shows for PAS's shows and recitals.



# MARTIAL ARTS



## Karate (Nationals, Internationals, Adults)

Taught by a black belt instructor, this class ranges from basic to advanced development of karate skills, including self-esteem, and confidence building. Each class also consists of interactive drills and activities designed to teach traditional techniques and concepts of this martial art. Technique includes wrestling/Brazilian Jiu Jitsu, blocking, punching, kicking, take-downs, and self-defense moves. Instruction level ranges from beginners to advanced, pushing students to achieve milestones ranging from yellow to black belt rankings.

## Tae Kwon Do (Nationals, Internationals, Adults)

Taught by black belt instructors that tailor instruction to push students to be masters of taekwondo both physically and mentally. Improve cardio, strength, and flexibility, understand healthy competition and learn to resist negative peer pressure. Instruction level ranges from beginners to advanced, pushing students to achieve milestones ranging from yellow to black belt rankings.

# VISUAL ARTS

ART  
AND  
CRAFT

## Creative Workshop (Regionals, Nationals, Internationals)

This is the class for all things creative! Students will participate in age appropriate activities ranging from creative writing and poetry, to arts and crafts and painting. Students will learn the power of the imagination and explore various forms of art in a competition-free zone. We work with students on projects that merge personal interests with artistic skills.

## Graphic Design (Adults)

Immerse yourself in the world of design and sharpened creativity to build professional skills. This class walks students through the imagination to design process and gives them lots of practice solving problem in order to develop skills as graphic designers.

## Drawing & Painting (Internationals, Adults)

This class covers the fundamentals of drawing and painting. A wide variety of media and techniques will be covered including but not limited to grid drawing, observation and memory drawing, contour drawing, still life, perspective, watercolor, tempera and acrylic painting, landscapes, portraits, pen-and-ink and cultural or historical reference artwork.

## Photography (Regionals, Nationals, Internationals)

Develop creativity and cultural awareness through the appreciation of photography.

Go beyond taking snapshots and develop the real skills to take photographs that can really make an impact. This class is open to students who are looking for creative self-expression as well as those seeking professional careers in photography.



# SPECIAL ENRICHMENT PROGRAMS



## Learn X (Regionals, Nationals, Internationals)

Learn X sessions reinforce academic learnings and provide learning enrichment through tutoring, homework help, and quiet study.



## Lego Robotics (Nationals, Internationals)

LEGO® Education Solutions provide the engaging, hands-on experiences students need to explore core STEM concepts and link them to real-life phenomenon. Solutions grow with students as they problem-solve and discover how science, technology, engineering, and math affect their everyday life.

## STEM (Nationals, Internationals)

We follow the BGCA DIY STEM curriculum. DIY STEM is a hands-on, activity-based STEM curriculum which connects youth to science themes they encounter regularly. Special attention is paid to connections of theory and application and the common interactions members have with these scientific principles. DIY STEM includes five modules: Energy and Electricity, Engineering Design, Food Chemistry, Aeronautics and the Science of Sports: Football.

## Reading Club (Regionals, Nationals, Internationals)

Reading can be fun when in company of others. Each reading session will focus either on a selected age-appropriate book or a variety of books chosen by each student. We'll read excerpts together in an interactive group session. We will then discuss takeaways and lessons learned.

## Foreign Languages (All)

Through the use of an intuitive learning system and fun gamification, students can a language of their choice at different paces. Each lesson includes reading, writing, speaking and listening, broken up into "bite-sized pieces". Available languages are Spanish, French, German, Italian and Chinese.



# OTHER CLASSES AND ACTIVITIES

## Culinary Crafts (Regionals, Nationals, Internationals)

Our in-house chef helps children get creative with food; they'll explore different kinds of fun dishes and cooking methods.

## Outdoor Fun & Sports (Regionals, Nationals, Internationals)

Outdoor activities allow children to take a break from the indoors and explore their environment with fun, social, and high-energy activities. Various outdoor activities include: football, sack races, tug of war, basketball, sidewalk painting, frisbee throw, pool fun, limbo and more

## Board Games and Puzzles (All)

We have a variation of games available at the center which includes monopoly, chess, checkers, ludo, playing cards, foosball, scrabble, chess, twister etc

## Free Play (Regionals, Nationals, Internationals)

This is a time where the children get to relax and enjoy our environment in the company of other children. They'll have access to loads of board games, toys and other activities. Benefits of free play time includes sharpening communication skills and self-confidence through relaxed social interaction.

## Free Practice (All)

Members have the opportunity to practice and perfect the skills learned in class using our instruments, supplies, facilities, etc





# Get in touch

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